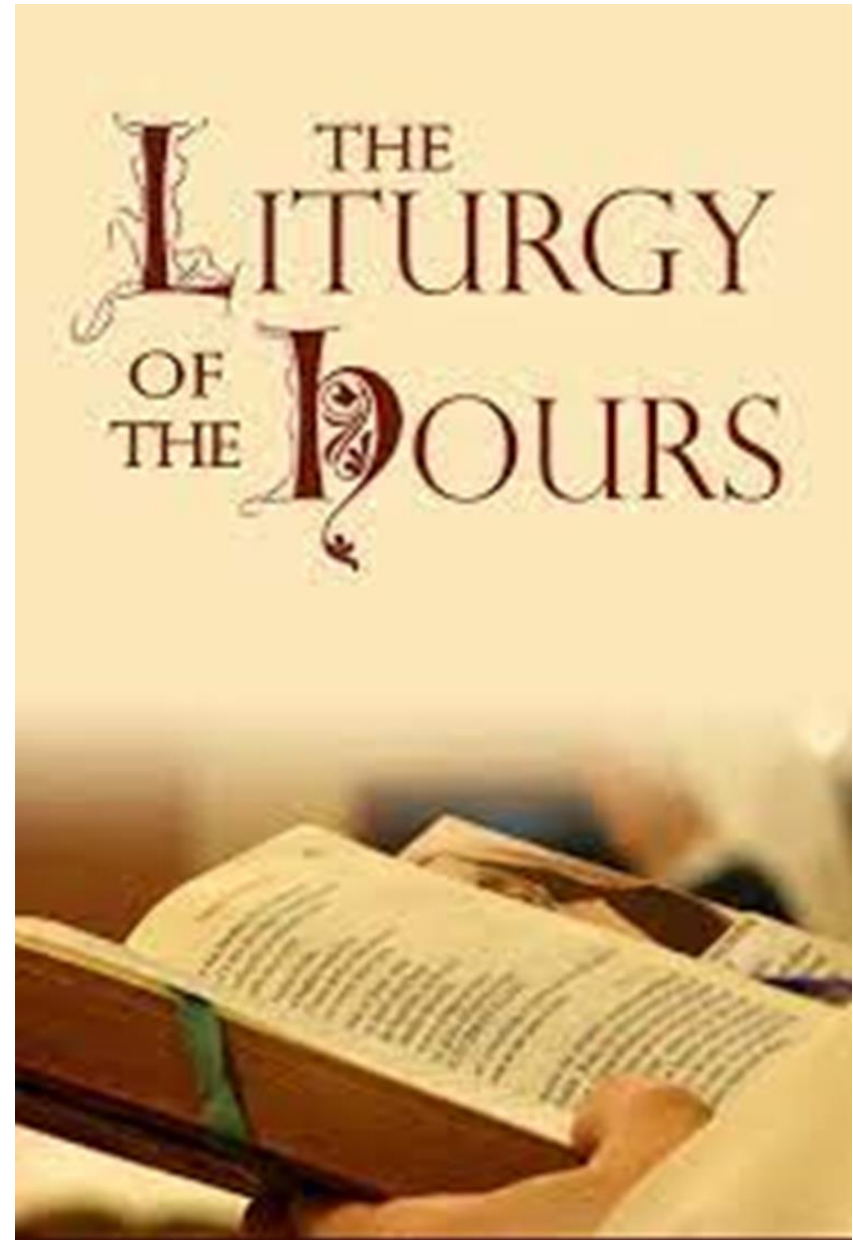


Liturgy of the Hours

Catholic Teachings by the Deacons
Deacon David Ochoa
May 11, 2021

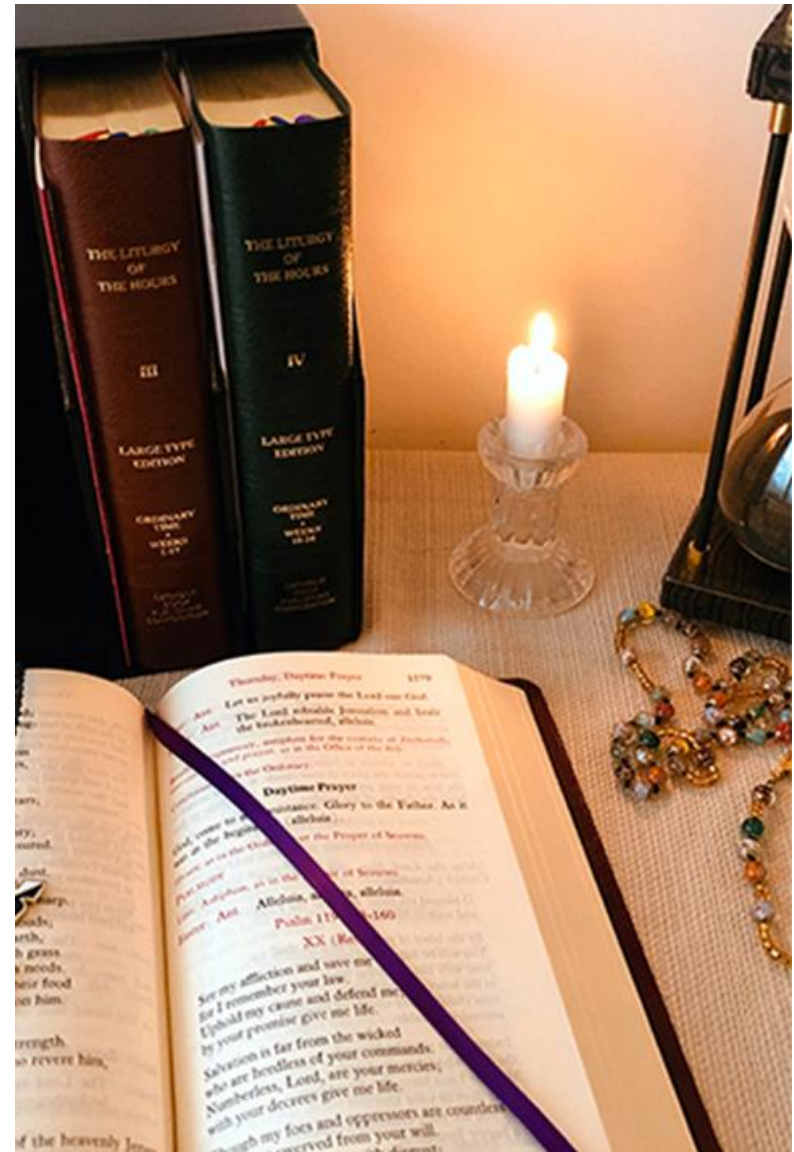


Opening Prayer

Be at peace among yourselves. We urge you, brothers, admonish the idle, cheer the fainthearted, support the weak, be patient with all. See that no one returns evil for evil; rather, always seek what is good [both] for each other and for all. Rejoice always. Pray without ceasing. In all circumstances give thanks, for this is the will of God for you in Christ Jesus. May the God of peace himself make you perfectly holy and may you entirely, spirit, soul, and body, be preserved blameless for the coming of our Lord Jesus Christ. Amen.

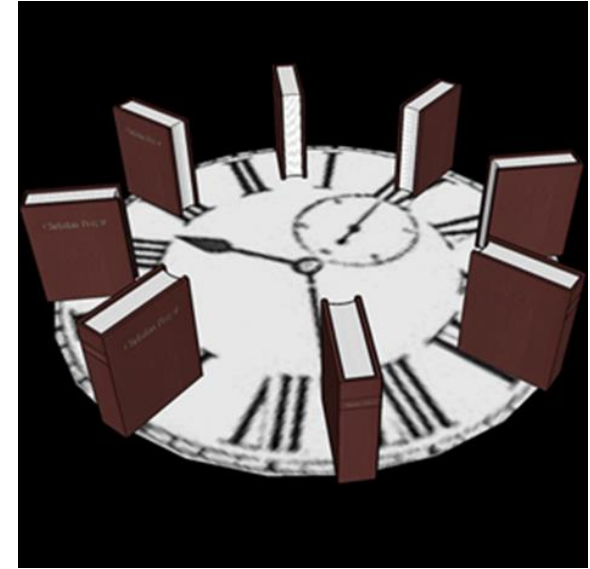
Tonight's Agenda

- Overview – What is the Liturgy of the Hours
- Importance of the Liturgy of the Hours, a Reflection
- History of the Liturgy of the Hours
- Current Form of the Liturgy of the Hours
- How to Pray the Liturgy of the Hours
 - Evening Prayer for Tuesday of the 6th Week of Easter



What is the Liturgy of the Hours

- Daily prayer of the Church, marking the hours of each day and sanctifying the day with prayer
- Liturgy of the Hours is also known as the Divine Office, or the Work of God (Opus Dei)



Constitution on the Sacred Liturgy

Sacrosanctum Concilium

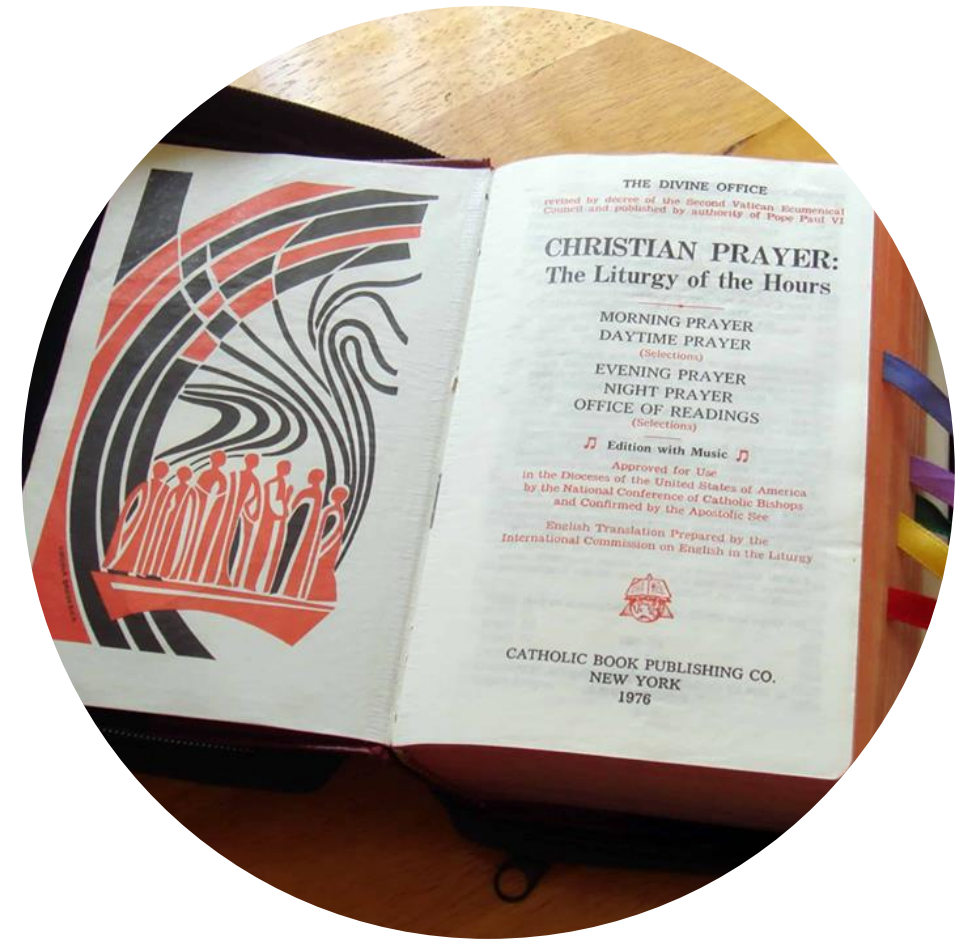
“By tradition going back to early Christian times, the divine office is devised so that the whole course of the day and night is made holy by the praises of God... It is the very prayer which Christ Himself, together with His body, addresses to the Father. Hence all who render this service are not only fulfilling a duty of the Church, but also are sharing in the greatest honor of Christ's spouse, for by offering these praises to God they are standing before God's throne in the name of the Church their Mother.”



What is Included in the Liturgy of the Hours

- Five “Canonical Hours”* or sets of prayers; each includes
 - Psalms
 - Old and New Testament Canticles (means excerpt from scripture)
 - Scripture Reading with Responsory
 - Gospel Canticle:
 - Lk 1:68-79 - Canticle of Zechariah (Benedictus) in Morning Prayer
 - Lk 1:46-55 - Canticle of Mary (Magnificat) in Evening Prayer
 - Intercessions for the needs of the church
 - Closing Prayer

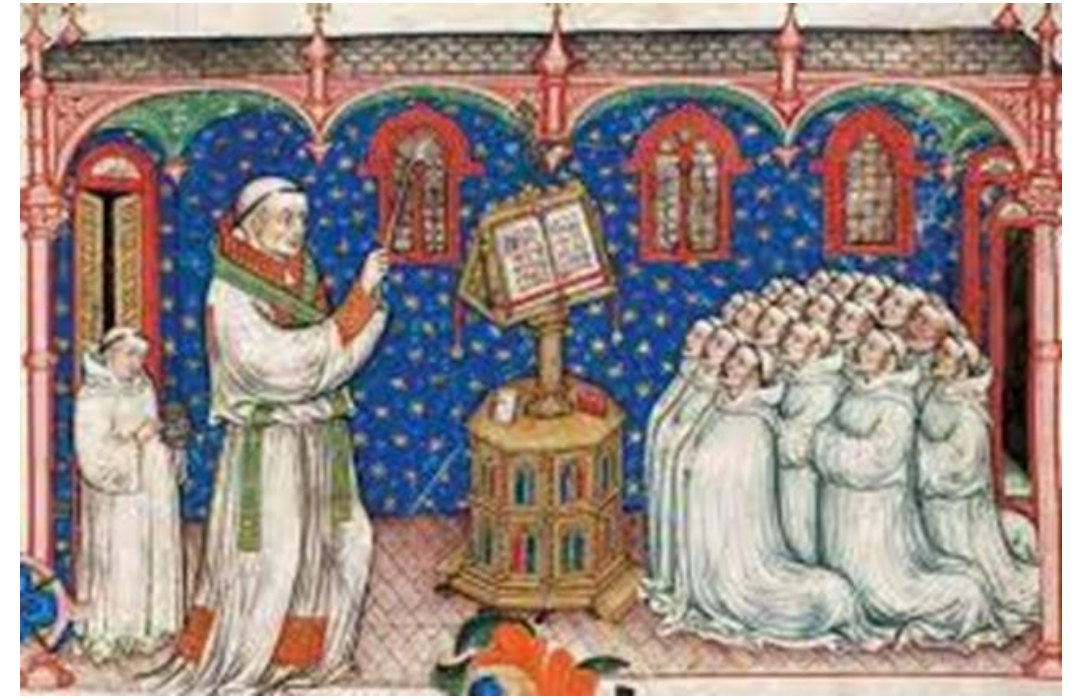
*- Canon Law 1173-75

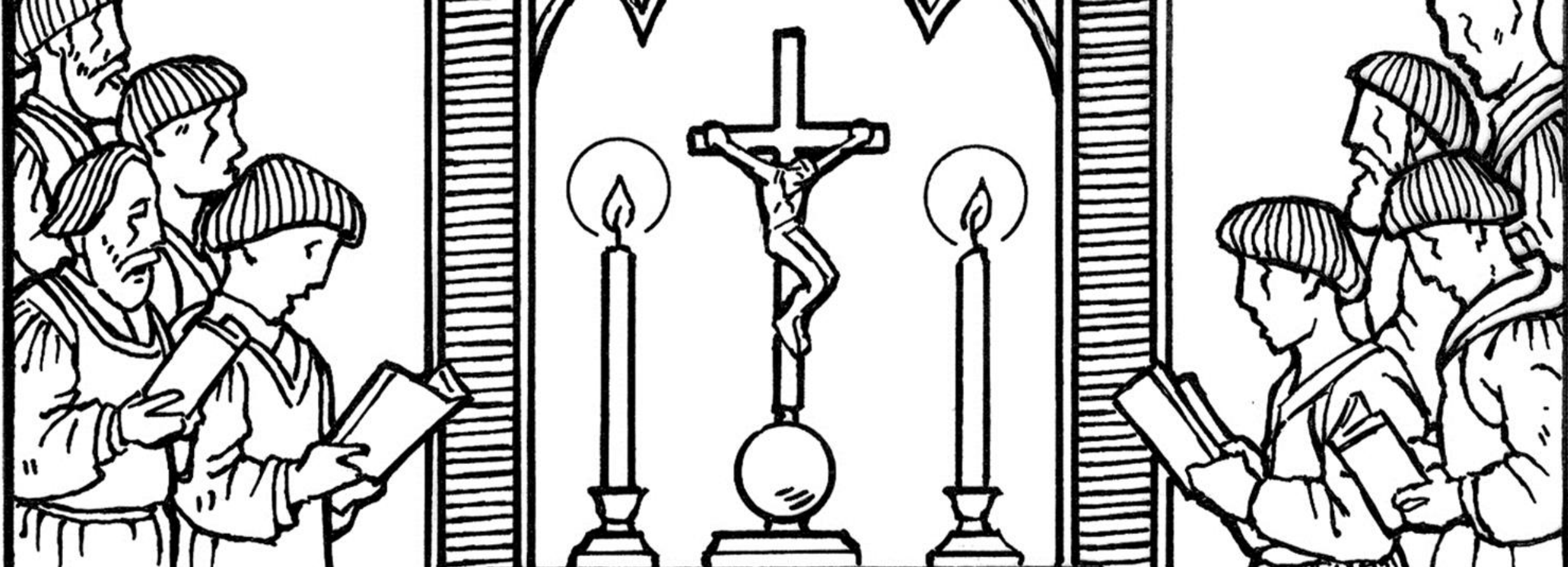


Importance of the Liturgy of the Hours

– a Reflection

- Prayer in the early Church
- Jesus left us the lesson of his own Prayer – in many places in the Gospels
- Purpose is to sanctify the day and the whole range of human activity





Importance of the Liturgy of the Hours – a Reflection

- Liturgy of the Hours is preparation for the celebration of the Eucharist
- The Church in the Liturgy of the Hours expresses the prayers and desires of all the faithful
- Wherever possible, groups of the faithful should celebrate the liturgy of the hours communally in church

History of the Liturgy of the Hours

- Jewish Prayer – sacrifices were offered in the morning and evening
 - "Seven times a day I praise you for your righteous laws" (Ps 119:164)
- Early Church
 - Vigil prayers during watches of the night



History of the Liturgy of the Hours

- 4th - 6th Century
 - Liturgical prayer practices developed and were recorded
- Middle Ages – Order of Saint Benedict
 - Seven daytime Hours and one at night



Liturgy of the Hours in the Middle Ages

- Lauds or Dawn Prayer (at dawn, ~ 5 a.m.)
- Prime or Early Morning Prayer (First Hour ~ 6 a.m.)
- Terce or Mid-Morning Prayer (Third Hour ~ 9 a.m.)
- Sext or Midday Prayer (Sixth Hour ~ 12 noon)
- None or Mid-Afternoon Prayer (Ninth Hour ~ 3 p.m.)
- Vespers or Evening Prayer ("at the lighting of the lamps", ~ 6 p.m.)
- Compline or Night Prayer (before retiring, ~ 7 p.m.)
- Matins (during the night, ~ 2 a.m.); also called Vigil and composed of two or three Nocturns





"Agnès de Kiceumberg's Matins"

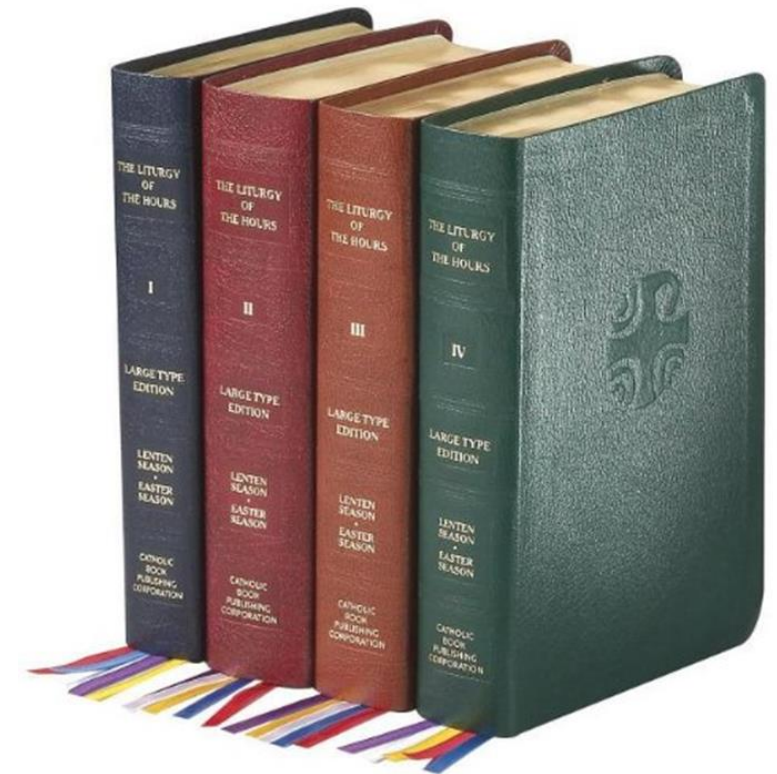
Breviary

- A list developed called the breviary, which gave the format of the daily office and the texts to be used
- By the 14th century, the breviary contained the entire text of the canonical hours
- Reform of the Breviary - Council of Trent (1568)
- 20th Century Reforms – Pius XII and John XXIII
- Major Reform in Vatican II



Current Liturgy of the Hours – Post Vatican II

- Major Hours
 - Office of Readings (formerly Matins)
 - Morning Prayer (Lauds)
 - Evening Prayer (Vespers)
- Minor Hours
 - Daytime Prayer – one or more of:
 - Midmorning Prayer before Noon (Terce)
 - Sext or Midday Prayer (Sext)
 - Afternoon or Midafternoon Prayer (None)
 - Night Prayer (Compline)



Morning and Evening Prayer

Throughout all the Liturgy of the Hours, the psalms and scripture readings (called canticles) are framed by Antiphons, which is a short prayer; and each concludes with the traditional Catholic Doxology, which is:

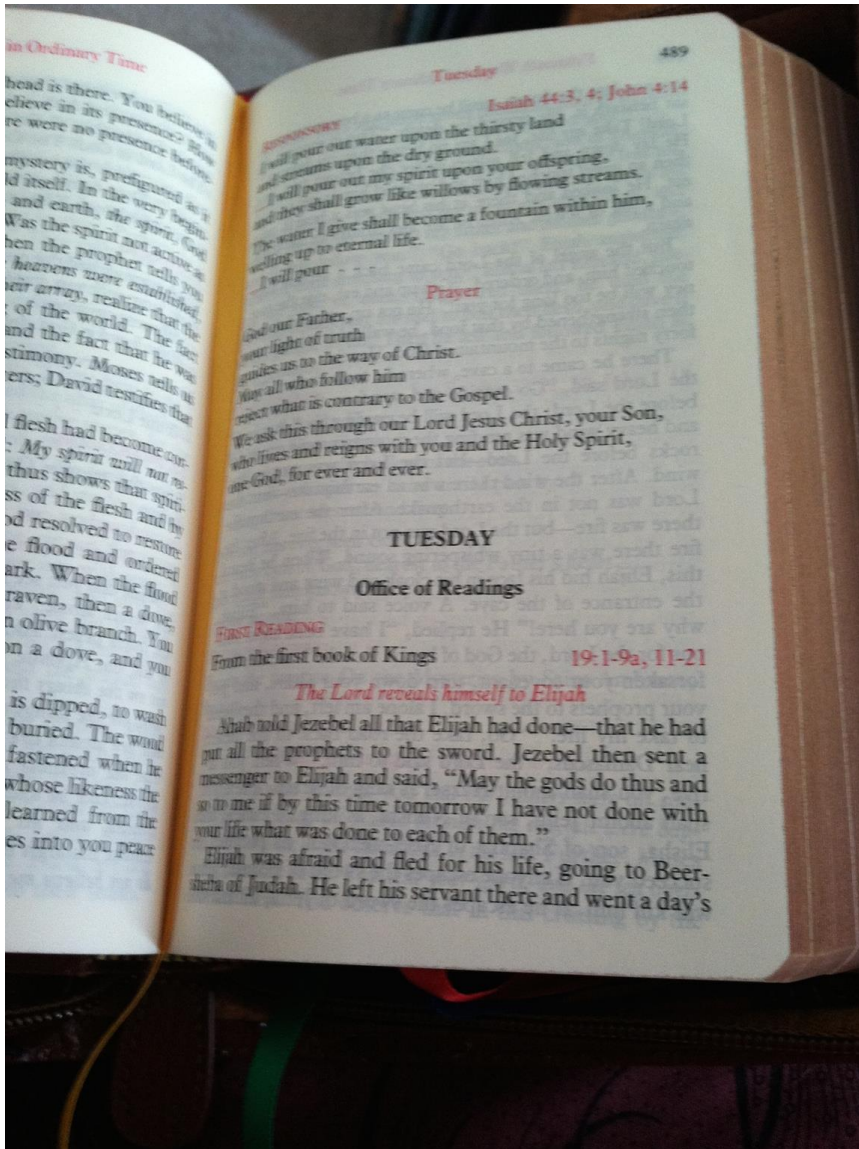
Glory to the Father and the Son and the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. (Alleluia.)

- Two Hinges on which the Daily Office turns
- Morning Prayer – Give Praise to God
- Evening Prayer – Give Thanks to God
- Recommended to individual members of the faithful unable to take part in a celebration in common



Arrangement of Morning and Evening Prayer

- Opening versicle (short sentence to which a response is given)
 - *V. God Come to my Assistance. R. Lord Make Haste to Help Me.*
Followed by the Doxology
 - Or for morning prayer the Invitatory (psalm of invitation to worship)
- A hymn, composed by the Church
- Two psalms, or parts of psalms, and one scripture canticle (reading), framed by Antiphons and the Doxology
 - At Morning Prayer, this consists of a psalm of praise, a canticle from the Old Testament, followed by another psalm
 - At Evening Prayer this consists of two psalms, or one psalm divided into two parts, and then a canticle from the New Testament
- A short passage from scripture
- A responsory (a verse of scripture, but sometimes liturgical poetry)
- A Gospel canticle taken from Luke framed by its Antiphon and the Doxology
 - The Canticle of Zechariah (Benedictus) for morning prayer
 - The Canticle of Mary (Magnificat) for evening prayer
- Intercessions, composed by the Church
- The Lord's Prayer
- The concluding prayer, composed by the Church
- A blessing given by the priest or deacon leading Morning or Evening Prayer, or in the absence of clergy and in individual recitation, a short concluding versicle
 - *V. May the Lord bless us, protect us from evil, and bring us to everlasting life.*

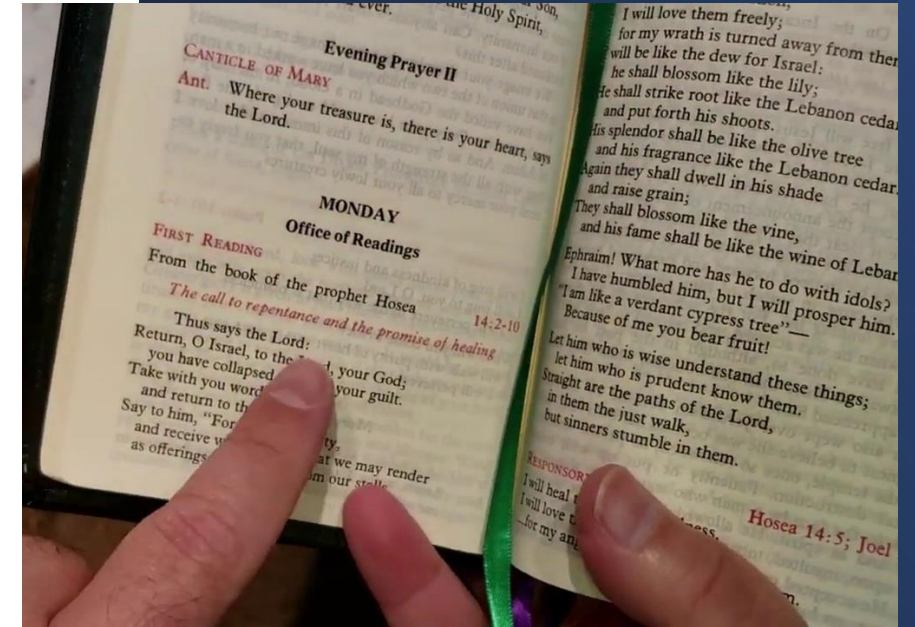


Office of Readings

- Provides a wider selection of Scripture passages for meditation
- It retains its Character as a night office of praise when celebrated in community, but may be recited at any hour of the day
- If Office of Readings is said before Morning Prayer, the Invitatory precedes it beginning with the versicle:
V. Lord Open My Lips. R. And my Mouth will proclaim your praise
 - Ps 95 is said to Invite the faithful to sing God's praises, listen to his voice and hope for the Lord's rest (or Ps 100, 67 or 24)
 - The Invitatory is placed at the beginning of the whole sequence of the day's prayer, that is, it precedes either morning prayer or the office of readings, whichever of these liturgical rites begins the day

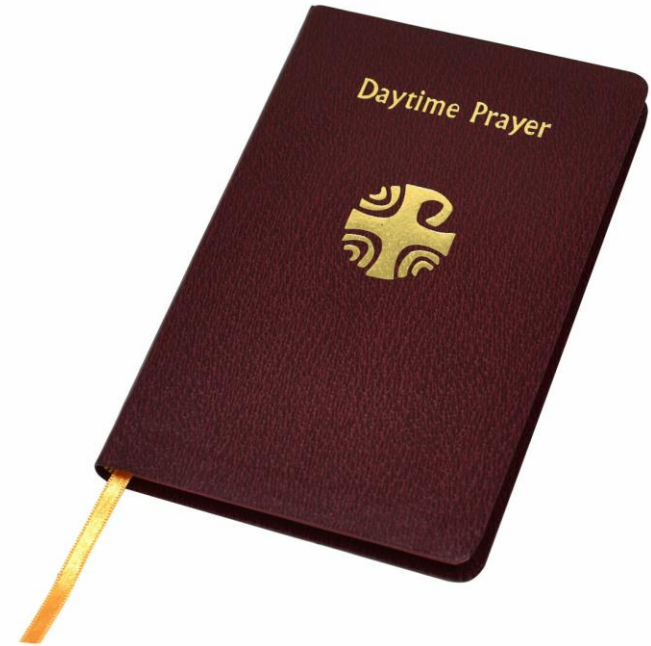
Arrangement of the Office of Readings

- Opening versicle (or Invitatory if beginning the day)
 - *V. God Come to my Assistance. R. Lord Make Haste to Help Me.*
Followed by the Doxology
- A hymn, composed by the Church
- Three psalms or portions of psalms framed by their Antiphons and the Doxology
- A verse (marking a transition in the prayer from psalmody to listening)
- A long passage from scripture (usually arranged consecutively from the same book of the Bible for one or more weeks), followed by its Responsory (verse followed by response pertaining to the passage)
- A long writing of the Fathers or church writers, or on the feast of a saint, a hagiographical (biographical) passage concerning the saint, followed by its Responsory
- On nights preceding Sundays and feast days, the office may be expanded to a Vigil by inserting three Old Testament canticles and a reading from the gospels
- The hymn Te Deum on Sundays, solemnities, and feasts, except in Lent
- The concluding prayer
- A short concluding versicle
 - *V. Let us Praise the Lord. R. And Give Him Thanks.*



Arrangement of the Daytime Hours

- Opening versicle:
V. God Come to My Assistance. R. Lord Make Hast to Help Me.
Followed by the Doxology
- A hymn composed by the Church
- Three short psalms, or, three pieces of longer psalms framed by their Antiphons and the Doxology
 - In the daytime hours when only one is said it follows a variable psalmody which usually opens with part of the longest psalm, Ps 118; when all three are said this variable psalmody is used at one of the hours, while the other two follow a complementary psalmody which consists of parts of Ps 119 - 128
- A very short passage of scripture, followed by a responsorial verse
- The concluding prayer
- A short concluding verse
V. Let us Praise the Lord. R. And Give Him Thanks.



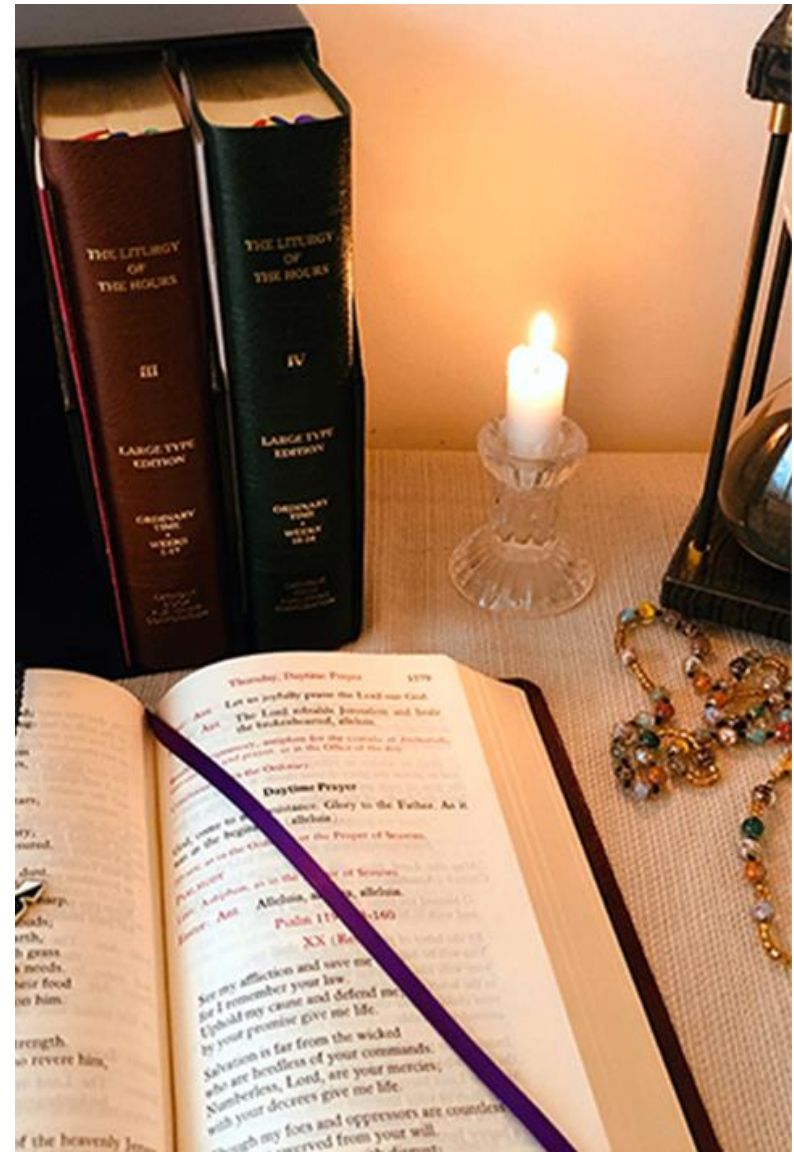
Arrangement of Night Prayer (Compline)

- Opening versicle:
V. God Come to My Assistance. R. Lord Make Hast to Help Me.
Followed by the Doxology
- An examination of conscience (in communal celebration, as in Mass: *I confess...*)
- A hymn composed by the Church
- A psalm, or two short psalms framed by their Antiphons and the Doxology
 - The psalms of Sunday (Ps 90/91 or 4 and 133/134 may always be used as an alternative to the psalm(s) appointed on weekdays)
- A short reading from scripture
- The responsory: *V. Into your hands, Lord. R. I commend my spirit....*
- The Canticle of Simeon (Gospel of Luke 2:29-32), framed by its common Antiphon:
Protect us, Lord, as we stay awake; watch over us as we sleep, ...
- A concluding prayer
- A short blessing: *May the all-powerful Lord grant us a restful night and a peaceful death. Amen.*
- Marian Antiphon without versicle and concluding prayer (Hail Mary, Hail Holy Queen, Regina Caeli, etc.)



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Evening Prayer on Tuesday of the Sixth Week of Easter Pg. 1

Opening versicle

God, come to my assistance.

- Lord, make haste to help me.

Doxology

Glory to the Father, and to the Son, and to the Holy Spirit:

- as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Hymn (one of several options)

Alleluia! Alleluia! Alleluia!

The strife is o'er, the battle done;

Now is the Victor's triumph won;

Now be the song of praise begun.

Alleluia!

Alleluia! Alleluia! Alleluia!

On the third morn He rose again

Glorious in majesty to reign;

Oh, let us swell the joyful strain!

Alleluia!

Evening Prayer on Tuesday of the Sixth Week of Easter Pg. 2

PSALMODY

Antiphon 1 (by Leader)

Seek the things of heaven, not those that are on the earth, alleluia.

Psalms 49 I

Hear this, all you peoples,
give heed, all who dwell in the world,
men both high and low,
rich and poor alike!

My lips will speak words of wisdom.
My heart is full of insight.
I will turn my mind to a parable,
with the harp I will solve my problem.

Why should I fear in evil days
the malice of the foes who surround me,
men who trust in their wealth,
and boast of the vastness of their riches?

For no man buy his own ransom,
or pay a price to God for his life.
The ransom of his soul is beyond him.
He cannot buy life without end,
nor avoid coming to the grave.

He knows that wise men and fools must both perish
and must leave their wealth to others.
Their graves are their homes for ever,
their dwelling place from age to age,
though their names spread wide through the land.

In his riches, man lacks wisdom;
he is like the beasts that are destroyed.

Doxology

Glory to the Father, and to the Son, and to the Holy Spirit:

- as it was in the beginning, is now, and will be for ever.
Amen. Alleluia.

Antiphon 1 (by all)

Seek the things of heaven, not those that are on the earth, alleluia.

Evening Prayer on Tuesday of the Sixth Week of Easter Pg. 3

Antiphon 2 (by Leader)

The Lord has rescued my life from the power of hell,
alleluia.

Psalm 49 II

This is the lot of those who trust in themselves,
who have others in their beck and call.
Like sheep they are driven to the grave,
where death shall be their shepherd
and the just shall become their rulers.

With the morning their outward show vanishes
and the grave becomes their home.
But God will ransom me from death
and take my soul to himself.

Then do not fear when a man grows rich,
when the glory of his house increases.
He takes nothing with him when he dies,
his glory does not follow him below.

Though he flattered himself while he lived:
Men will praise me for all my success,
yet he will go to join his fathers,
and will never see the light any more.

In his riches, man lacks wisdom;
he is like the beasts that are destroyed.

Doxology

Glory to the Father, and to the Son, and to the Holy
Spirit:

- as it was in the beginning, is now, and will be for ever.
Amen. Alleluia.

Antiphon 2 (by all)

The Lord has rescued my life from the power of hell,
alleluia.

Evening Prayer on Tuesday of the Sixth Week of Easter Pg. 4

Antiphon 3 (by Leader)

Yours, O Lord, is majesty and power, glory and triumph, alleluia.

Canticle – Revelation 4:11;5-9,10,12

Worthy are you, Lord our God,
to receive glory and honor and power,

For you created all things;
by your will they came to be and were created.

Worthy are you, O Lord,
to receive the scroll and to break open its seals.

For you were slain;
with your blood you purchased for God
those from every tribe and tongue,
of every people and nation.

You made them a kingdom
and priests to serve our God,
and they shall reign on earth.

Worthy is the Lamb that was slain
to receive power and riches,
wisdom and strength,
honor and glory and blessing.

Doxology

Glory to the Father, and to the Son, and to the Holy Spirit:

- as it was in the beginning, is now, and will be for ever.
Amen. Alleluia.

Antiphon 3 (by all)

Yours, O Lord, is majesty and power, glory and triumph, alleluia.

Evening Prayer on Tuesday of the Sixth Week of Easter Pg. 5

READING

1 Peter 2:4-5

Come to the Lord, a living stone, rejected by human beings but chosen and precious in the sight of God, and, like living stones, let yourselves be built into a spiritual house to be a holy priesthood to offer spiritual sacrifices acceptable to God through Jesus Christ.

RESPONSORY

The disciples rejoiced, alleluia, alleluia.

- The disciples rejoiced, alleluia, alleluia.

When they saw the risen Lord,

- alleluia, alleluia.

Glory to the Father and to the Son and to the Holy Spirit

- The disciples rejoiced, alleluia, alleluia.

MAGNIFICAT (Canticle of Mary)

Antiphon (by Leader)

Believe me, it is for your own good that I am going. If I do not go, the Paraclete will not come, alleluia.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant.

From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
The promise he made to our fathers,
to Abraham and his children for ever.

Doxology

Glory to the Father, and to the Son, and to the Holy Spirit:

- as it was in the beginning, is now, and will be for ever.
Amen. Alleluia.

Antiphon (by all)

Believe me, it is for your own good that I am going. If I do not go, the Paraclete will not come, alleluia.

Evening Prayer on Tuesday of the Sixth Week of Easter Pg. 6

INTERCESSIONS

By his resurrection Christ has given sure hope to his people. Let us ask him with our whole hearts:

Lord Jesus, you live forever; hear our prayer.

Lord Jesus, from your wounded side flowed blood and water,

- make the Church your spotless bride.

Chief shepherd, after your resurrection you made Peter shepherd of your flock when he professed his love for you,

- increase from day to day the love and devotion of N. our Pope.

You showed your disciples how to make a great catch of fish,

- send others to continue their work as fishers of men.

At the lakeside you prepared bread and fish for your disciples,

- grant that we may never allow others to die of hunger.

Jesus, the new Adam and life-giving spirit, transform the dead into your own likeness,

- that the fullness of your joy may be theirs.

OUR FATHER

Now let us offer together the prayer our Lord Jesus Christ taught us:

Our Father...

CONCLUDING PRAYER

Grant, almighty and merciful God, that we may in truth receive a share in the Resurrection of Christ your Son.

Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

BLESSING or Versicle

May the Lord bless us, protect us from all evil and bring us to everlasting life. Amen.

Liturgy of the Hours App

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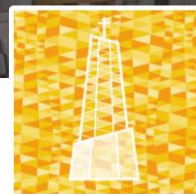
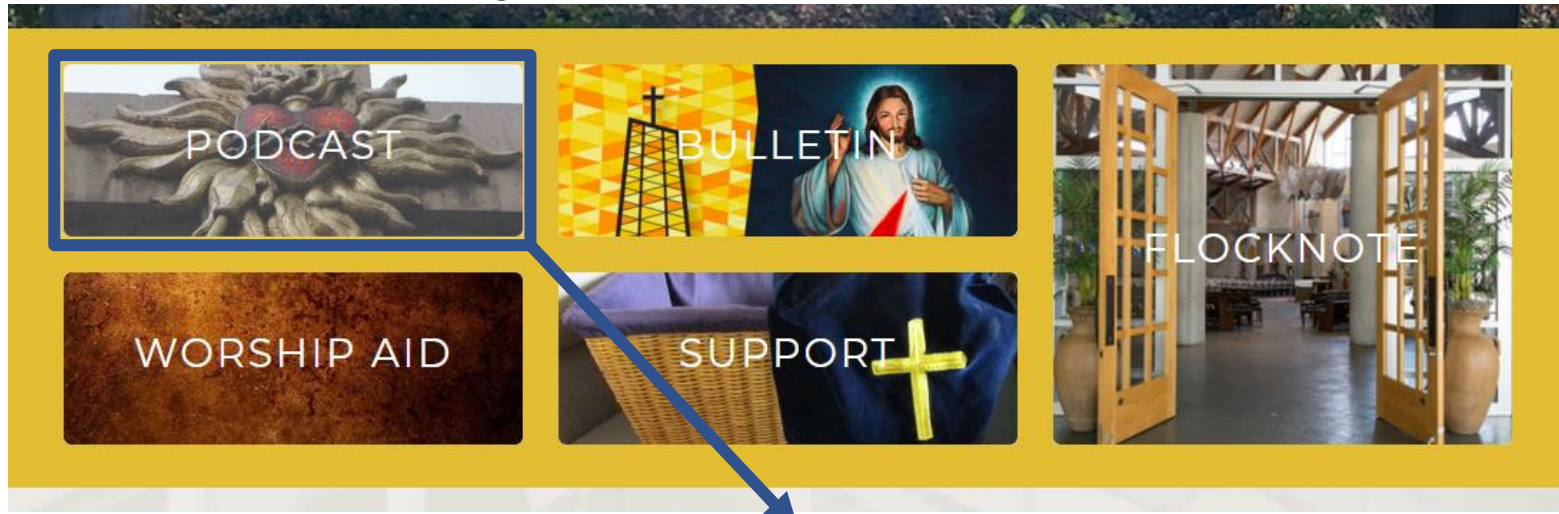
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Deacon David & Karen Ochoa - Morning Prayer on Monday of the 6th Week in Easter - May 10, 2021

May 10, 2021

Join us for Morning Prayer this day as we continue our journey through the Easter season celebrating the gift of the Resurrection and eternal life.



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Deacon David & Karen Ochoa - Morning Prayer on the Sixth Sunday of Easter - May 9, 2021

May 9, 2021

Join us for Morning Prayer as we honor our Mothers for their love and the life they gave us all. May God bless them all most abundantly, whether living or deceased (Happy Mother's Day, Mom!).



Display Filters

2020 Easter Daily Reflection

2020 Lenten Daily Reflection

Adult Catechism

Catholic Daughters of America (CDA)

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Deacon David Ochoa

Deacon Edward Rositas

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Deacon Phúc Phan

Divine Mercy Chaplet

English

Father Aloysius Nzekwe

Liturgy of the Hours

Catholic Teachings by the Deacons
Deacon David Ochoa
May 11, 2021

