The Holy Rosary

with Biblical texts



The Rosary is a powerful meditative prayer with mysteries depicting the events leading up to the culmination of God's salvation plan for mankind through Jesus and Mary.

"Without the contemplation of the mysteries, the Rosary is like a body without soul and one's prayer runs the danger of converting to a mechanical and repetitive pattern." (Paul VI)



INTRODUCTION: The Rosary begins with the prayers for the Church (The Apostles' Creed, 1 Our Father, 3 Hail Marys and a Glory Be). Each mystery, starts with the Our Father, then 10 Hail Marys with the meditation before each of them, then the Glory Be and Fatima prayer. It concludes with the Hail Holy Queen et al.



THE APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth; and in Jesus Christ, His only Son, our Lord Who was conceived by the Holy Spirit; born of the Virgin Mary; suffered

under Pontius Pilate; was crucified, died and was buried. He descended into hell; the third day He rose again from the dead. He ascended into heaven, and sits at the right hand of God the Father Almighty. From thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and the life everlasting. Amen.

OUR FATHER Who art in in heaven, hallowed be Thy Name. Thy kingdom come. Thy will be done on Earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

HAIL MARY, full of grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

GLORY BE to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

O MY JESUS, forgive us our sins. Save us from the fires of hell and lead all souls to heaven especially those in need of Thy mercy.



HAIL HOLY QUEEN, mother of mercy. Hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious

advocate, thine eyes of mercy towards us and after this, our exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, o loving, o sweet Virgin Mary, pray for us, o holy Mother of God, that we may be made worthy of the promises of Christ.

O GOD, Whose only Begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating

upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ, our Lord. Amen



O GOD, OUR REFUGE and our strength, look down in mercy on Thy people who cry to Thee; and through the intercession of the glorious and immaculate Virgin Mary, mother of God; of St Joseph, her spouse, of your holy apostles, Peter and Paul and of all the saints, grant us mercy for the conversion of sinners and for the liberty and exaltation of our holy mother, the Church, though Christ, our Lord. Amen.

THE JOYFUL MYSTERIES

I THE ANNUNCIATION

Our Father

- The angel Gabriel was sent by God to the town of Nazareth in Galilee, to a virgin named Mary. (Lk 1:26-27)
 Hail Mary
- 2. He said, "Rejoice, you who enjoy God's favour. The Lord is with you." (Lk 1:28)
- 3. Mary was deeply disturbed and asked herself what this greeting could mean. (Lk 1: 29)
- 4. But the angel said to her, "Do not be afraid, you have won God's favour." (Lk 1: 30)
- 5. "You are to conceive in your womb and bear a Son, and you must name Him Jesus." (Lk 1:31)
- 6. Mary said, "But how can this come about, since I have no knowledge of man?" (Lk 1:34)
- 7. The angel said, "The Holy Spirit will come upon you and the power of the Most High will overshadow you." (Lk 1:35)
- 8. "And so the Child will be holy and will be called the Son of God." (Lk 1:35)
- 9. "Your cousin Elizabeth, whom people called barren, has conceived a son and is now in her sixth month, for nothing is impossible to God." (Lk 1:36-37)
- 10. Mary replied, "I am the handmaid of the Lord, let it happen to me as you have said." (Lk 1:38)

II THE VISITATION

Our Father

- 1. Mary set out as quickly as she could to the hill country to a town in Judah. (Lk 1:39) Hail Mary
- 2. She went into Zechariah's house and greeted Elizabeth. (Lk 1:40)
- 3. Elizabeth heard her and said, "Blessed are you among women and blessed is the Fruit of your womb." (Lk 1:42)
- 4. "Why is this granted to me that the mother of my Lord should come to me?" (Lk 1:43)
- 5. "For the child in my womb leapt for joy at the sound of your voice." (Lk 1:44)
- 6. "Blessed is she who believed in the fulfilment of what was spoken of her from the Lord." (Lk 1:45)
- 7. Mary said, "My soul magnifies the Lord and my spirit rejoices in God my Saviour." (Lk 1:46-47)
- "He has regarded the low estate of His handmaid for henceforth all generations will call me blessed." (Lk 1:48)
- 9. "For He who is mighty has done great things for me and Holy is His name." (Lk 1:49)
- 10. "And His faithful love extends from age to age to those that fear Him." (Lk 1:50)

III THE NATIVITY

Our Father

- 1. Caesar Augustus issued a decree that a census should be made of the whole inhabited world. (Lk 2:1) Hail Mary
- Since he was of David's line, Joseph set out with Mary from Nazareth in Galilee to Bethlehem, to register. (Lk 2:4-5)
- 3. While they were there, the time came for her to have her Child. (Lk 2:6)
- 4. She gave birth to a Son, wrapped Him in swaddling clothes and laid Him in a manger because there was no room for them in the inn. (Lk 2:7)
- 5. And the Word was made Flesh and dwelt amongst us. (Jn 1:14)
- An angel of the Lord came to the shepherds in the fields guarding their sheep during the night watch. (Lk 2:8-9)
- 7. He said, "Do not be afraid, I bring you news of great joy to be shared by all people." (Lk 2:10)
- 8. "For to you is born this day in the town of David, a Saviour who is Christ the Lord." (Lk 2:11)
- 9. All at once there was a great throng of heavenly hosts praising God. (Lk 2:13)
- 10. "Glory to God in the highest heaven, and on earth peace for those He favours." (Lk 2:14)

IV THE PRESENTATION

Our Father

- When the day came for them to be purified in keeping with the Law of Moses, they took the Child to Jerusalem to present Him to the Lord. (Lk 2:22)
 Hail Mary
- 2. It had been revealed to Simeon by the Holy Spirit, that he should not see death before he had seen the Lord's Christ. (Lk 2:26)
- 3. When Jesus was brought in the temple, he took Him in his arms and blessed God. (Lk 2:27-28)
- 4. He said, "Master, You are letting Your servant go in peace as You promised," (Lk 2:29)
- 5. "For my eyes have seen the salvation You made ready in the sight of the nations;" (Lk 2:30-31)
- 6. "A light of revelation for the Gentiles and glory for your people, Israel." (Lk 2:32)
- 7. He said to Mary, "Look, He is destined for the fall and rise of many in Israel." (Lk 2:34)
- 8. "And to be a sign that will be rejected." (Lk 2:34)
- 9. "And a sword will pierce your soul too." (Lk 2:35)
- 10. "So that the secret thoughts of many may be revealed." (Lk 2:35)

V THE FINDING IN THE TEMPLE

Our Father

- When Jesus was twelve years old, they went to Jerusalem as they did every year for the Passover. (Lk 2:41-42)
 Hail Mary
- 2. When the feast days were over and they set off home, the Boy Jesus stayed behind unknown to His parents. (Lk 2:43)
- 3. Assuming He was somewhere with the party, they travelled a day's journey before they sought Him out. (Lk 2:44)
- 4. When they failed to find Him, they went back to Jerusalem to look for Him. (Lk 2:45)
- 5. After three days, they found Him in the Temple, sitting among the teachers, listening to them and asking questions. (Lk 2:46
- 6. All those who heard Him were astounded at His intelligence and His replies. (Lk 2:47)
- 7. Mary said, "Son, why have You done this to us? See how worried Your father and I have been looking for You." (Lk 2:48)
- 8. He replied, "Did you not know that I must be busy with My Father's affairs?" (Lk 2:49)
- 9. But they did not understand what He meant. (Lk 2:50)
- 10. They returned to Nazareth where Jesus lived under their authority; and increased in wisdom, stature and favour with God. (Lk 2:51-52) **Glory Be**

O My Jesus Hail Holy Queen O God

THE LUMINOUS MYSTERIES

I THE BAPTISM IN THE JORDAN

Our Father

- Prepare in the desert a way for Yahweh. Make a straight highway for our God across the wastelands. (Is 40:3)
 Hail Mary
- 2. The word of God came to John, the son of Zechariah, in the desert (Lk 3:2)
- He went through the whole Jordan area proclaiming a baptism of repentance for the forgiveness of sins. (Lk 3:3)
- John declared, "I baptise you with water, but Someone is coming Who is more powerful than me." (Lk 3:16)
- 5. "And I am not fit to undo the straps of His sandals." (Lk 3:16)
- "He will baptise you with the Holy Spirit and fire." (Lk 3:16)
- 7. Jesus came from Galilee to Jordan to be baptised by John. (Mt 3:13)
- 8. When He had been baptised, Jesus at once came up from the water and suddenly the heavens opened.(Mt 3:16)
- 9. And He saw the Spirit of God descending like a dove and coming down on Him. (Mt 3:16)
- 10. Suddenly there was a voice from heaven, "This is My Son, the Beloved; My favour rests on Him." (Mt 3:17) Glory Be

O My Jesus

II THE WEDDING AT CANA

Our Father

- There was a wedding at Cana in Galilee. Jesus, His mother and the disciples were invited. (Jn 2:1) Hail Mary
- 2. They ran out of wine since the wine provided for the feast had all been used. (Jn 2:2)
- 3. Jesus' mother said to Him, "They have no wine." (Jn 2:3)
- 4. Jesus said, "Woman, what do you want from Me? My hour has not come yet." (Jn 2:4)
- 5. His mother said to the servants, "Do as He tells you." (Jn 2:5)
- 6. Jesus told the servants to fill six stone water jars for ablutions and they filled them to the brim. (Jn 2:6-7)
- 7. Then He said, "Draw some out now and take it to the president of the feast." (Jn 2:8)
- 8. The president tasted the water and it had turned to wine. (Jn 2:9)
- 9. He said to the bridegroom, "Everyone serves good wine first then the worse; but you have kept the best wine till now." (Jn 2:10)
- 10. This was the first of Jesus' prophetic signs. He revealed His glory and His disciples believed in Him. (Jn 2:11)

III THE PROCLAMATION OF THE KINGDOM

Our Father

- 1. He went up to the mountain and summoned those He wanted. (Mk 3:13) Hail Mary
- He appointed twelve to be His companions and to be sent out to proclaim the message and cast out devils. (Mk 3:14)
- 3. He instructed them to take nothing for the journey except a staff.(Mk 6:8)
- 4. No bread, no haversack, no coppers for their purses. (Mk 6:8)
- 5. They were to wear sandals but He added, "Don't take a spare tunic." (Mk 6:9)
- 6. He said, "If you enter a house anywhere, stay there until you leave the district." (Mk 6:10)
- 7. "As for those who do not welcome you, when you leave, shake off the dust under your feet as evidence against them." (Lk 9:5)
- 8. So they set off to proclaim repentance. (Mk 6:12)
- 9. They cast out many devils and anointed many sick people with oil and cured them. (Mk 6:13)
- He went round the whole of Galilee teaching in their synagogues, proclaiming the good news of the kingdom and curing all kinds of diseases of the people. (Mt 4:18)

IV THE TRANSFIGURATION

Our Father

- 1. Jesus took Peter, John and James and went up the mountain to pray.(Lk 9:28) Hail Mary
- 2. In their presence He was transfigured: His face shone like the sun and His clothes became dazzling as light. (Mt 17:2)
- 3. Suddenly, there were two men talking to Him; they were Moses and Elijah appearing in glory. (Lk 9:30)
- 4. Peter and his companions were heavy with sleep but they woke up and saw His glory and the two men with Him. (Lk 9:32)
- Peter said, "Master, let us make three shelters, one for You, one for Moses and one for Elijah. He did not know what he was saying." (Lk 9:33)
- 6. Then a cloud came and covered them with shadow and the disciples were afraid. (Lk 9:34)
- 7. And a voice came from the cloud saying, "This is My Son, the Chosen One. Listen to Him." (Lk 9:35)
- 8. But Jesus came up and touched them saying, "Stand up, do not be afraid." (Mt 17:7)
- 9. When they raised their eyes, they saw no one but Jesus. (Mt 17:8)
- 10. As they descended, Jesus gave them this order, "Tell no one about this vision until the Son of Man has risen from the dead." (Mt 17:36)

V THE INSTITUTION OF THE EUCHARIST

Our Father

- 1. Jesus said, "Do not work for food that goes bad." (Jn 6:27) Hail Mary
- 2. "But work for food that endures for eternal life which the Son of Man will give you." (Jn 6:27)
- 3. "I am the Living Bread which has come down from heaven." (Jn 6: 51)
- 4. "The bread that I shall give is My Flesh for the life of the world." (Jn 6:51)
- 5. "Anyone who eats My flesh and drinks My blood has eternal life." (Jn 6:54)
- 6. "Whoever eats My flesh and drinks My blood lives in Me and I live in that person." (Jn 6:56)
- 7. When the time came, He took His place at the table and the apostles with Him. (Lk 22:14)
- 8. Then He took bread, gave thanks, broke it and gave it to the disciples saying, "This is My Body given up for you; do this in memory of Me" (Lk 22:19
- Then He took a cup, gave thanks and handed it to them saying, "Drink from this, all of you," (Mt 26:27)
- 10. "For this is My Blood of the covenant poured out for many for the forgiveness of sins." (Mt 26:28)

Glory Be O My Jesus Hail Holy Queen O God

THE SORROWFUL MYSTERIES

I THE AGONY IN THE GARDEN

Our Father

- Jesus went with His disciples to the garden of Gethsemane and said to them, "Stay here while I go there to pray." (Mt 26:36)
 Hail Mary
- Taking Peter, James and John, He said, "My soul is sorrowful unto death. Remain here and watch with Me." (Mt 26:37-38)
- He prayed, "My Father, if it be possible, let this cup pass from Me, but not my will but Yours be done." (Mt 26:39)
- He came back to the sleeping disciples and said to Peter, "So you could not stay awake with Me for an hour?" (Mt 26:40)
- 5. "Stay awake and pray not to be put to the test." (Mt 26:41)
- Again He went away and prayed, "My Father, if this cup cannot pass by, but I must drink it, let Your will be done." (Mt 26:42)
- 7. He came back a second time and found them sleeping for their eyes were so heavy.(Mt 26:43)
- 8. He went to pray for the third time. And there appeared an angel to give Him strength. (Mt 26:44/Lk 22:43)
- In His anguish He prayed more earnestly and His sweat fell to the ground like great drops of blood. (Lk 22:44)
- 10. Then He said to the disciples, "Look, the hour has come when the Son of Man is to be betrayed into the hands of sinners. (Mt 26:45) Glory Be

O My Jesus

II THE SCOURGING AT THE PILLAR

Our Father

- Pilate said to the people, "Whom do you want me to release to you, Barabbas or Jesus who is called the Christ?" (Mt 27:17) Hail Mary
- 2. The chief priests and elders persuaded them to ask for Barabbas. (Mt 27:20)
- 3. Pilate said, "What am I to do with the Man whom you call the King of the Jews?" (Mk 15:12)
- 4. They shouted out, "Crucify Him!" (Mk 15:13)
- 5. So Pilate taking water, washed his hands saying, "I am innocent of the blood of this Man." (Mt 27:24)
- 6. The people shouted back, "His blood be on us and on our children." (Mt 27:25)
- 7. Pilate, anxious to placate the crowd, released Barabbas and had Jesus scourged then handed over to them. (Mk 15:15)
- 8. He was despised and rejected by man; a man of sorrows, familiar with grief as one from whom men hide their faces. (Is 53:3)
- 9. He was wounded for our sins; crushed for our guilt. (Is 53:5)
- 10. On Him was the punishment that made us whole and through His wounds we are healed. (Is 53:5)

III THE CROWNING WITH THORNS

Our Father

- Pilate's soldiers took Jesus to the Praetorium and gathered the whole cohort around Him. (Mt 27:27)
 Hail Mary
- 2. They stripped Him and put a purple robe round Him. (Mt 27:28/Jn19:2)
- Twisting some thorns into a crown, they put it on His head and placed a reed in His right hand. (Mt 27:29)
- 4. Mocking Him, they knelt before Him saying, "Hail, king of the Jews!" (Mt 27:29)
- 5. And they spat on Him and took the reed and struck Him on the head with it. (Mt 29:30)
- Pilate said to the Jews, "See I am bringing Him out to you so you know that I find no case against Him." (Jn 19:4)
- 7. So Jesus came out wearing the crown of thorns and the purple robe. (Jn 19:5)
- 8. Pilate said to them, "Here is your King." (Jn 19:14)
- 9. They cried out, "Away with Him, away with Him. Crucify Him!" (Jn 19:15)
- 10. So at that, Pilate handed Him over to them to be crucified. (Jn 19:16)

IV THE CARRYING OF THE CROSS

Our Father

- 1. They led Him out to crucify Him. (Mk 15:21) Hail Mary
- 2. They enlisted a man, Simon from Cyrene and made him carry the cross. (Mt 27:32)
- 3. A large crowd followed Him and women too who mourned and lamented for Him. (Lk 23:27)
- 4. Jesus said to them, "Daughters of Jerusalem, do not weep for Me but rather for yourselves and your children." (Lk 23:28)
- 5. "If any man will be a follower of Mine, let him renounce himself and take up his cross daily and follow Me." (Lk 9:23)
- 6. "Take My yoke and learn from Me; for I am meek and humble of heart." (Mt 11:29)
- 7. "And you will find rest for your souls. (Mt 11:29)
- Yes, My yoke is easy and My burden light." (Mt 11:30)
- 9. They brought Jesus to the place called Golgotha, which means the place of the skull. (Mk 15:22)
- 10. Harshly dealt with, He never opened His mouth; like a lamb led to the slaughterhouse. (Is 53:7)

V THE CRUCIFIXION

Our Father

- 1. They crucified Him with two others, one on either side. (Jn 19:18) Hail Mary
- 2. Pilate had a note fixed to the cross; it read, "Jesus the Nazarene, King of the Jews." (Jn 19:19)
- 3. Jesus said, "Father, forgive them; they do not know what they are doing." (Lk 23:34)
- 4. The repentant thief said, "Jesus, remember me when you come into Your kingdom." (Lk 23:42)
- 5. Jesus answered, "In truth, I tell you, today, you will be with Me in Paradise." (Lk 23:43)
- Seeing His mother and the disciple whom He loved standing by, Jesus said to His Mother, "Woman, this is your son." (Jn 19:26)
- 7. To the disciple He said, "This is your mother." From that time the disciple took her to his home. (Jn 19:27)
- 8. When the sixth hour came, there was darkness over the whole land until the ninth hour. (Mk 15:33)
- 9. Jesus cried out, "My God, My God, why have You forsaken Me?" (Mk 15:34)
- 10. Then He cried out loud, "Father, into your hands I commit My Spirit." With these words He breathed His last. (Lk 23:46)

Glory Be O My Jesus Hail Holy Queen O God Our Refuge

THE GLORIOUS MYSTERIES

I THE RESURRECTION

Our Father

- 1. After the Sabbath, towards the dawn on the first day of the week, Mary of Magdala and the other Mary went to visit the sepulchre. (Mt 28: 1) Hail Mary
- Suddenly, there was a violent earthquake for an angel of the Lord came and rolled away the stone. (Mt 28:2)
- 3. He said to the women, "Do not be afraid. I know you are looking for Jesus who was crucified." (Mt 28: 5)
- 4. "He has risen, He is not here. See the place where they laid Him." (Mk 16:6)
- 5. "But go tell His disciples and Peter that He is going before you to Galilee; there you will see Him." (Mk 16:7)
- 6. That evening, the disciples were in the room with closed doors for fear of the Jews. Jesus came and said to them, "Peace be with you." (Jn 20:19)
- Eight days later, the disciples were in the house again with Thomas and Jesus came in and said, "Peace be with you." (Jn 20: 26)
- Then He spoke to Thomas, "Put your finger here on My hands. Put your hand into My side. Doubt no longer but believe." (Jn 20:27)
- 9. Thomas replied, "My Lord and my God!" (Jn 20:28)
- 10. Jesus said to him, "You believe because you can see Me. Blessed are those who have not seen yet believe. Glory Be

O My Jesus

II THE ASCENCION INTO HEAVEN

Our Father

- Jesus went with two disciples on their way to Emmaus, but their eyes were kept from recognising Him. (Lk 24:15-16)
 Hail Mary
- 2. At the table, Jesus took the bread, blessed and broke it and gave it to them then their eyes were opened. (Lk 24:30-31)
- 3. Then they said to each other, "Did not our hearts burn within us as He talked to us on the road and explained the Scriptures to us?" (Lk 24:32)
- 4. He breathed on His apostles and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven;" (Jn 20:22-23)
- "If you retain the sins of any, they are retained." (Jn 20:23)
- 6. And He said to them, "Go out to the whole world; proclaim the Gospel to all creation." (Mk 16:15)
- 7. "Whoever believes and is baptised will be saved; whoever does not, will be condemned." (Mk 16:16)
- "Teach them to observe all the commands I gave you. And look, I am with you always; yes, to the end of time."(Mt 28:20)
- 9. He took them out to the outskirts of Bethany and raising His hands, He blessed them. (Lk 24:50)
- 10. As He blessed them, He was lifted up and while they looked on a cloud took Him from their sight. (Acts 1:9) Glory Be

O My Jesus

III THE DESCENT OF THE HOLY SPIRIT

Our Father

- 1. He told them not to leave Jerusalem but to wait for the promise of the Father. (Ac 1:4) Hail Mary
- "John baptised with water but not many days from now, you will be baptised with the Holy Spirit." (Ac 1:5)
- 3. When the day of Pentecost came round, they had all met together at the same place. (Ac 2:1)
- 4. Suddenly, there came from heaven, the sound of a mighty wind which filled the entire house. (Ac 2:2)
- 5. And there appeared to them tongues as of fire which separated and rested on the head of each one of them. (Ac 2:3)
- 6. They were all filled with the Holy Spirit and began to speak different languages. (Ac 2:4)
- 7. At this sound, the multitude came together and were bewildered because each one heard them speaking in his own language. (Ac 2:6)
- 8. They said to Peter and the other apostles, "Brothers, what are we to do?" (Ac 2:37)
- 9. Peter said, "You must repent and be baptised in the name of Jesus Christ for the forgiveness of your sins." (Ac 2:38)
- 10. "The promise made is for you and your children, for all those who are far away and those whom the Lord is calling for Himself." (Ac 2:39)

IV THE ASSUMPTION OF THE VIRGIN MARY

Our Father

- 1. Here I am, in the scroll of the book, it is written of me to do your will, God. (Heb 10:7) Hail Mary
- 2. You are all fair, my love, there is no flaw in you. (Sg 4:7)
- 3. The Lord will give you a sign. A virgin shall conceive and bear a son and shall call his name Emmanuel. (Is 7:14)
- 4. To the wonderment of nature, you bore our Creator. (Redemptoris Mater)
- 5. I exult for joy in the Lord: my soul rejoices in my God. (Is 61:10)
- 6. I will give thanks to You, Lord, King; and I will praise You, God, my Saviour. (Si 51:1)
- 7. I will give thanks to Your Name for You have been a helper and protector to me (Si 51:2)
- 8. You have preserved my body from destruction. (Si 51:3)
- 9. Arise, shine out, for your light has come, and the glory of Yaweh has risen on you. (Is 60:1)
- 10. Preserved from all guilt of original sin, the Immaculate Virgin was taken up body and soul into heavenly glory upon the completion of her earthy sojourn. (2nd Vatican Council/ Redemptoris Mater)

V THE CORONATION OF THE VIRGIN MARY

Our Father

- Who is this arising like the dawn, fair as the moon, resplendent as the sun, formidable as an army? (Sg 6:10)
 Hail Mary
- 2. Like the morning star, she preceded the rising of the "Sun of Justice". (Redemptoris Mater)
- 3. A great sign appeared in heaven: a woman robed with the sun. (Rv 12:1)
- 4. She was standing on the moon and on her head a crown of twelve stars. (Rv 12:1)
- 5. I am the mother of fair love, and of fear, and of knowledge, and of holy hope. (Si 24:24)
- 6. In me is all grace of the way and of the truth, in me is all hope of life and of virtue. (Si 24:25)
- A seat was set for the King's Mother. And the King said to her, "Mother, ask for I cannot refuse you." (1 K 2:19-20)
- 8. Loving Mother of the Redeemer, Gate of Heaven, Star of the Sea. (Redemptoris Mater)
- 9. Assist your people who have fallen yet strive to rise again. (Redemptoris Mater)
- 10. Queen of Heaven and Queen of Peace, Pray for us.

Glory Be O My Jesus Hail Holy Queen O God

AN ACT OF CONTRITION

Forgive my sins, oh Lord, forgive me my sins: the sins of my youth, the sins of my age, the sins of my soul, the sins of my body, my idle sins, my serious voluntary sins, the sins I know, the sins I do not know; the sins I have concealed so long and which are now hidden from my memory. I am truly sorry for every sin, mortal and venial, for all the sins of my childhood up to the present hour. I know my sins have wounded Thy Tender Heart. O my Saviour, let me be freed from the bonds of evil through Your most bitter passion, my Redeemer. Oh my Jesus, forget and forgive what I have been. Amen.

PRAYER TO MICHAEL ARCHANGEL

Holy Michael Archangel, defend us in our day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou Prince of the Heavenly Host by the power of God, thrust down to hell Satan and all the wicked spirits who wander through the world for the ruin of souls. Amen.

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy aid or sought thy intercession was left unaided. Inspired by this confidence I come to thee, O Virgin of Virgins, my Mother. To thee I come before thee I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petition but in thy mercy hear and answer them. Amen.

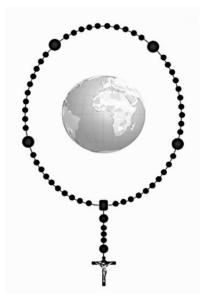
PRAYER FOR PRIESTS

"Simon, Simon, behold Satan desired to have you that he might sift you like wheat. But I have prayed for you that your faith may not fail; and when you have turned again, pray that your brethren may be strengthened." (Luke 22:31-32)



Lord Jesus, You have chosen Your priests from among us and sent them out to proclaim Your word and to act in Your name. For so great a gift to Your Church, we give You praise and thanksgiving. We ask You to fill them with the fire of Your love that their ministry may reveal Your presence in the Church. Since they are earthen vessels. we pray that Your power may shine out through their weakness. In their afflictions, let them never be crushed; in their doubts, never despair; in temptation, never be destroyed; in persecution, never abandoned. Inspire them through prayer to live each day the mystery of Your dying and rising. In times of weakness, send them Your Spirit and help them to praise Your Heavenly Father and pray for poor sinners. By the same Holy Spirit, put Your word on their lips and Your love in their hearts to bring good news to the poor and healing to the brokenhearted. And may the gift of Your Mother to the disciple whom You loved be Your gift to every priest. Grant that she who formed You in her human image may form them in Your Divine Image by the power of the Holy Spirit to the glory of God the Father. Amen.

"The Rosary is markedly a contemplative prayer. Without this dimension, it would be unnatural." (John Paul II)



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